

Fajitas

Ingredients

- 1/2 lb chicken, beef or any meat or protein, sliced into strips (against the grain)
- 1 red bell pepper
- 1 green bell pepper
- 1 purple onion
- 1/2 cup sliced mushrooms
- Olive oil
- 1 tbsp. oregano
- 1 tbsp. cumin, ground
- 1 tsp. cumin seed
- 2 tsp. chili powder
- 2 tsp. salt
- 2 tsp. garlic powder

Directions

In larger sauté pan, add oil and cook meat or protein until 1/3 done.

Add vegetables and seasonings. Cook, stir and involve until vegetables are tender and meat is done.

Serve like tacos in corn or flour tortillas, corn is traditional.

For a dinner party, serve meat and vegetables on separate platter and offer warm tortillas and fresh salsa to your guest. On the table you may also have shredded cabbage, fresh cilantro, jalapeños, diced onions.....YUM!!